


Fairview

March 2024

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				ALTERNATIVES Dairy Free: Hamburger on a WW Bun 2.8oz
	All of our food is made fresh Daily.	Our Featured Wellness Item of the month is highlighted in orange.		
				1 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz
4 Beef and Cheese Burrito 1ea Red Beans 3/4 cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Dairy Free: Beef Hot Dog on a WW Bun 1ea	5 W.G Chicken Nuggets 5ea Wrapped Whole Wheat Bread 1ea Sliced Carrots 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	6 All Beef Hot Dog on a WW Bun 1ea Broccoli 3/4C 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Dairy Free: Meatballs w/ Marinara Sauce on WW Hero Roll 1ea	7 French Toast Sticks 3ea-3oz Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Maple Syrup 1ea Veg All: W.G Grilled Cheese 1 ea	8 Whole Wheat Pizza 1ea Green Beans 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz
11 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2.5oz Shredded Cheddar .5 oz Corn 3/4 Cup Bag Baked Tostitos Scoops 1ea Graham Crackers 3pk 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Dairy Free: No Cheese 1ea	12 Baked Chicken Patty on a Whole Wheat Bun 1ea Maple Baked Beans 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	13 W.G Waffle 1ea Turkey Sausage Links 3ea Baked Home Fries 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Maple Syrup 1ea	14 Boxed Lunches 1ea Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Dairy Free: Turkey on Whole Wheat Bread 2.5oz PC Mayo 1ea	15 Whole Wheat Pizza 1ea Cauliflower 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz
18 Hamburger on WW Hamb Bun 1ea Maple Baked Beans 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	19 Baked Chicken Sticks 8ea Wrapped Whole Wheat Bread 1ea Mashed Potatoes 3/4 Cup Granny Smith Green Apple 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	20 Boxed Lunches 1ea Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Mayo 1ea Dairy Free: Turkey on W/W 2.5oz	21 WG Mini Corn Dog Nuggets 6 each Sliced Carrots 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Mustard 1ea	22 Whole Wheat Pizza 1ea Green Bean/Wax Bean Blend 3/4 cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz
25 Popcorn chicken 3oz Wrapped WW Mountain Roll 1ea Black Beans 3/4c 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC BBQ Sauce 1ea	26 Crispy Chicken Breast on Whole Wheat Bun 3oz Honey Glazed Whole Baby Carrots 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz PC Ketchup 1ea	27 Cheese Ravioli w/ Marinara 3ea Wrapped WW Mountain Roll 1ea Spinach 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Dairy Free: Meatballs w/ Marinara Sauce on WW Hero Roll 1ea	28 Boxed Lunches 1ea Turkey and American Cheese on Whole Wheat Bread 1ea Large Bag Baby Carrots 3/4c Fresh Apple 1ea 1% Milk 8oz Fat Free Chocolate or Skim Milk 8oz Dairy Free: Turkey on W/W 2.5oz PC Mayo 1ea	29