



Fairview2 - Lincoln School

Lunch				
Monday	Tuesday	Wednesday	Thursday	Friday
	<i>All of our food is made fresh Daily.</i>			
<p>3 Beef and Cheese Burrito 1ea Graham Crackers .5oz Black Beans 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>4 W.G Chicken Nuggets 5ea Wrapped Whole Wheat Bread 1ea Broccoli 3/4C Fresh Tangerine 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea</p>	<p>5 Crispy Chicken Breast on Whole Wheat Bun 3oz Sliced Carrots 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea</p>	<p>6 Grilled Lemon Chicken 2.5oz Wrapped WW Mountain Roll 1ea Corn 3/4 Cup Fresh Pear 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>7 Whole Wheat Pizza 1ea Green Beans 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>
<p>10 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2oz Black Beans 3/4c Shredded Cheddar 1oz Tostitos Chips 1oz Wrapped Whole Wheat Bread 1ea 100% Grape Juice 4oz Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>11 Meatballs w/ Marinara Sauce 4ea Wrapped WW Mountain Roll 1ea Corn 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>12 Macaroni w/ Beef 5oz Wrapped Whole Wheat Bread 1ea Broccoli 3/4C 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>13 Boxed Lunch Day 1ea Turkey and American Cheese on a WW Hero Roll 3oz Large Bag Baby Carrots 3/4c Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea</p>	<p>14 Hamburger on a WW Bun 2.8oz Green Beans 3/4 Cup Fruit Cup 1/2 Cup 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea</p>
<p>17 Meatloaf w/ Gravy 2.5oz Wrapped WW Mountain Roll 1ea Sliced Carrots 3/4 Cup 100% Apple Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>18 Baked Chicken Sticks 8ea-2oz Wrapped Whole Wheat Bread 1ea Red Beans 3/4 cup Fresh Pear 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea</p>	<p>19 Stuffed Shells w/ Marinara Sauce 2ea/4oz Wrapped WW Mountain Roll 1ea Broccoli 3/4C 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>20 Grilled Cheese on WW Bread 2.5oz Corn 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>	<p>21 Whole Wheat Pizza 1ea Green Beans 3/4 Cup Fresh Tangerine 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz</p>
<p>24 W.G Chicken Nuggets 5ea Wrapped WW Mountain Roll 1ea Sliced Carrots 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea</p>	<p>25 Beef Hot Dog on a WW Bun 1ea Corn 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Mustard 1ea PC Ketchup 1ea</p>	<i>No Lunch</i>	<i>No Lunch</i>	<i>No Lunch</i>