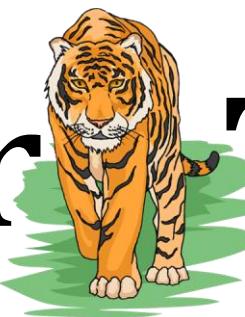


# Tiger Tracks



Lincoln School Newsletter, Vol. 12

February/March 2018

## Newsletter:



*Spring is in the Air*



### In Honor of Saint Valentine

Zena Hassan, Jayda-Lynn Grullon

Every February we celebrate Valentine's Day by giving flowers, candy and cards to those we love. We do this in honor of St. Valentine. There are many stories about him, but the most common one is that he was a priest from Rome in the Third Century AD. Emperor Claudius II thought that married men were bad soldiers, so he banned marriage, and a man named Valentine felt that it was unfair, so he broke the rules and secretly got married. The Emperor found out and threw Valentine in jail to be sentenced to death. While he was in jail, he fell in love with the jail man's daughter and when he was on his way to his death (on February 14) he sent her a love note that said "from your Valentine."



There are different thoughts as to where or how the celebration of Valentine's Day began. The Romans celebrated a festival called Lupercalia on February 15. This festival was held to ward off the danger of wolves to their flocks and honored their god, Lupercalia. Some people think that Valentine's Day is based on this festival. We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains both Christian and ancient Roman tradition. Later, St. Valentine's name was becoming used by people to express their feelings about love.

### Valentine's Day around the World

Briana Soto, Vilma Sanchez, Melanie Soto

Time to spread the love! Everyone has their own way of celebrating this romantic day, whether it's buying their loved one a beautiful bouquet of flowers or bonding over a candlelit dinner in a fancy restaurant. You'd be surprised to hear how Valentine's Day is celebrated in other parts of the world.

#### Denmark

One tradition celebrated on February 14, in Denmark is to exchange beautiful white flowers, called snowdrops. Men give woman *gaekkebrev* which are funny poems or rhymes, signed with anonymous dots. If the woman can correctly guess who her secret admirer is, she will earn an Easter egg later that year.



#### Romania

Romania's romantic holiday is celebrated on February 14th, and it's a mixture of Valentine's Day, and a celebration of spring. It's called Dragobete, meaning "the day the birds are betrothed". Children pick flowers from the forests, and others wash their face in snow to bring happiness and health.

#### South Korea

Men shouldn't worry about treating their significant other on February 14th, on this day women shower men with chocolates. On March 14th, known as White Day, men repay their beloved women in the same way. For all of the single men and women out there, there is Black Day on April 14. Traditionally, all of the lonely people out there head to their nearest Chinese restaurants where they eat jjajyangmyeon or "black noodles."

#### South Africa

Many traditions are celebrated in South Africa on February 14th. Young girls follow an old age Roman festival, called Lupercalia, where they pin their lover's name on their sleeve. This is how South African men learn of their secret admirers. Grand festivals occur in the city of Durban. Similar to how it's celebrated in America, shops and market places are filled with fragrant flowers and several love symbols.

## Valentine's Day Gift Advice

Emilyan Ortiz and Stephanie Escobar

**Q:** What do you both think would be some good gift ideas for someone I like or even a friend?



**Emillyan:** It seems as if Valentine's Day is right around the corner and sometimes finding gifts for a special someone or even just a friend can be difficult based on what they like. Usually, gifts come best when they are a surprise, and I know you're probably thinking, "Wait, what if I don't know what they like?" Don't worry, I got you covered. Now, for all the guys that want to get a special female a gift, or even just a gift for a close friend, flowers and chocolates are the keys. They are guaranteed to give you a special spot in any girl's heart.

Females, I know this might sound a bit cheesy, but cologne and candy are your paths towards a guy's heart. For everyone who doesn't have a special someone, don't worry, the same gifts still apply! Remember, you don't have to spend money. A homemade gift is still a gift and should always be appreciated. You can give someone: a friend, a teacher, and a family member, a card or even baked cookies and brownies. Sometimes, the best part about gifts is the thought that comes with it. Make sure the person receiving the gift knows how much they truly mean to you.

**Stephanie:** When it comes to getting a gift for your crush, boyfriend or girlfriend, and even a good friend, you can get very stressed about picking just the right thing. I can assure you I can help. On getting the perfect gift for a girl, you can give her chocolate or even buy her flowers or even a stuffed animal. If you don't have money for a gift you can write her a letter about how much you love and appreciate her, or even draw her something. I can assure you the girl will be amazed with the amount of effort you spent on her, and she may even treasure it. If you are a girl giving something to a boy, you can also give a boy a letter or even maybe even candy or anything that expresses yourself. What I can also say is be yourself. Be you! Think about what you can do to bring a smile to that girl or boy on Valentine's Day.

HAPPY VALENTINES DAY!



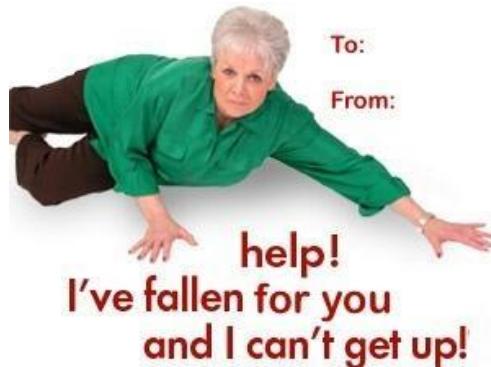
## Valentine Gift Ideas

Aliya Laliwala, Melissa Montijo, Aileen Mayen, and Brianna Lopez

- Jewelry
- Chocolate
- Teddy bear
- Flowers
- Balloons
- Candy
- Food
- Card
- Love <3

### Valentine Card

- Get a red, pink, or purple construction paper
- Fold it half
- Cut hearts and stick them on there
- Write a heartfelt message to the one you care about
- Decorate the cover and make it unique
- On the special day give it to your loved one ;)



### Chalkboard Heart Frames

Materials: wooden heart frames (from any craft store), chalkboard spray paint, sandpaper, and white chalk.

1. Spray two coats of the chalkboard paint on the frames, and allow to dry for 24 hours.
2. To give your frames a rustic and aged look, go over them heavily with sandpaper. When done, wipe down your frames with a cloth to remove the paint dust.
3. Go over the frames with a piece of white chalk, rubbing the chalk all over the frame (this sets the chalkboard). Then lightly wipe off all excess chalk with a cloth.
4. For the final touch, add some scrapbook paper for the background or stick in a photo. Then draw on the frame with chalk!

### Love Slime

Melting Heart Slime Recipe (affiliate links provided)

- 2 Cups of [red glitter glue](#) (you can also use clear glue and add glitter)
- 1 & 1/2 cups very warm water

- Red glitter if extra sparkle is desired (we used extra to get super sparkly slime)
- Optional addition- 3-5 drops of rose oil, chocolate essential oil, chocolate extract, or another favorite valentines scent

### **Combine the above ingredients in a bowl and mix well**

In a Separate Bowl Combine

- 3/4 tsp borax
- 1 & 1/3 cups very warm water

Once the ingredients of both bowls are mixed combine them and mix well. As you mix the ingredients the slime will form. There will be left over water in the bowl which can be discarded. If the slime is at all runny or overly sticky simply dissolve a tiny amount of borax in a teaspoon of water and mix it into the slime. This always does the trick. We scented our melting heart slime with rose oil, but you could scent your slime with another favorite scent or leave it unscented

### **Love Rocks**

After washing and drying, I drew hearts on my rocks with markers (some washable, some permanent). Then I gave them a coat of Modge Podge to seal the designs and shin-i-fy them.

### **Wooden Coasters**



### **Materials:**

- Wood log (*the bottom of my Christmas tree, smells so good*)
- Miter saw
- Sand paper
- Polyurethane Clear Gloss
- Heart stencil (*or your awesome freehand ability, of which I have none*)
- Paint- two colors, one for heart, one for initials
- Paintbrush

### **Directions:**

- Cut wood log into approximately 2 inch slices using a miter saw.
- Sand each coaster a bit to remove rough sides (do not sand side). Apply one layer of clear gloss polyurethane.
- Once dry, grab your stencil heart and paint.
- Let dry and write you and your love's initials.
- Let dry and apply another layer of gloss polyurethane to seal.

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### **Where Did Egg Coloring Come From?**

Ardiana Quino and Allison Juarez



You may be wondering where egg coloring came from. Well, first of all, the egg is an ancient symbol of new life. Easter eggs is to represent Jesus' emergence from the tomb and resurrection. One explanation of decorating eggs was that eggs were a forbidden food during the Lenten season. So, instead they painted and decorated the eggs and mark them as the end of fasting. Then after it has ended they ate it on Easter as a celebration.

Catholic Churches dye the eggs red to represent the blood of Christ. The eggs are blessed by the priest at the end of the Paschal Vigil. The shell of the egg represent the sealed Tomb,

the egg been broken is Jesus' resurrection. Many people abstained from eating eggs during Lent. Easter was their first chance to eat eggs after Lent. In the 1800s egg were also given as gifts to friend and family. Some people say that the egg coloring tradition was started by Mary Magdalen when she went to visit Jesus' tomb after three days of his death. She had a basket of cooked eggs, but found the tomb empty when she put the basket down the eggs turned red from Jesus' blood.

## Dying Easter Eggs Naturally? It is Actually Better than Dying Them Artificially!

Pelin Cokuslu



Pastels, Bunnies, Eggs, and the season of spring... Do these words remind you of a popular festivity and fun thing? If you said Easter, then you are absolutely correct! With this holiday "around the corner", I

decided to do an article about Easter. However, it isn't about the history of Easter. My article is explaining how to put a unique and better twist on dying eggs for Easter. Dying eggs has been a popular activity and/or tradition to do during Easter with family and friends for many, many years. Though, the numerous whimsical, bright colors, decorations, etc.... have been a modern take on dying eggs. Nowadays, most people use artificial tablets that produce the colors with water, and sometimes vinegar, which generally contain harmful chemicals. There is a safer way to dye Easter eggs and still get similar bright or dark colors as the outcomes. One can dye Easter eggs by using spices and other ingredients found in one's home, which is an easier way to dye eggs rather than buying a set of color tablets from a store. Here are some instructions, tips, and facts on how to dye Easter eggs naturally:

According to the website/link:

<http://www.marthastewart.com/267850/dyeing-eggs-naturally>, "Select a dyeing agent, and place it in the pot using the amount listed below. Add 1 quart water and 2 tablespoons white vinegar to pot; if more water is necessary to cover ingredients, proportionally increase the amount of vinegar. Bring to a boil, then lower heat. Allow the ingredients to simmer for 30 minutes. Strain dye into a bowl." (Have an adult or guardian help you.)

Some ingredients, such as spices, used to dye the eggs, according to the same website/link above, are:

**Red-cabbage dye:** 4 cups chopped cabbage (Light Blue, Royal Blue)

**Turmeric dye:** 3 tablespoons turmeric (Deep Gold, Chartreuse when mixed with the red-cabbage solution, Salmon when mixed with the onion-skin solution, Pale Yellow)

**Onion-skin dye:** 4 cups onion skins (skins of about 12 onions) (Sienna, Orange)

**Beet dye:** 4 cups chopped beets (Light Pink, Lavender when mixed with the red-cabbage solution)

**Coffee dye:** 1 quart strong black coffee (instead of water) (Dark, Rich Brown, Light Brown)

Keep in mind that the shades of the colors will vary based on how long you let the eggs soak in the dyes in the bowls.

From Lavender to Deep Gold, there are various colors one can choose from for dyeing one's eggs. Try to attempt to dye your Easter eggs naturally this year, and it might just seem to turn out to be a better way to dye eggs for your health and the variety of colors! For the full "recipe" and instruction, tips, facts, such as the amount of time to let the eggs soak up the dye, go to the website/link:

<http://www.marthastewart.com/267850/dyeing-eggs-naturally> and test this DIY at your own risk.



## NOTEWORTHY NEWS The National Junior Honor Society

- Participated in National Wear Red Day on February 2nd and raised funds for the American Heart Association.
- Will have our 2nd annual Literacy Night for students in grades K-4 in mid-March (a definite date hasn't been determined yet).
- Is planning to start our annual contest/drive to raise money for water organizations to help disadvantaged countries in need. The class that raises the most money will win an ice-cream sundae party.

## UPCOMING SCHOOL SCHEDULE:

**February 19-23:** Winter Recess



**March 29:** Holy Thursday, Single Session

**March 30:** Good Friday, School Closed

**April 1:** HAPPY EASTER!

**April 9-13:** Spring Recess



## Fairview Sports

### Mohammad Siam and Kerry Quevedo



As you can tell the Fairview School basketball team's season came to an end. February 8 was our last game for the school team. We've played 8 games in total for this season. Coach Ruiz has been our coach for this season. He has done really well teaching us how to play like a team and taught us many new things about basketball.

Now moving on to the Fairview Traveling team. We have played a total of 6 games so far. Coach Gary and Coach Ruiz have been teaching us many things to help us play better. We have practice almost every Monday, Tuesday, and Wednesday. For practice, we do a lot of running and basketball drills. We also sometimes play scrimmages, which is an unofficial basketball game against your own team to help you play better. Hopefully, the team wins many games in the future!

The Fairview Softball team season starts really soon, and so does the Fairview Soccer Traveling team. Stay tuned in for the next Fairview Sports news!



## Teacher Shout Outs



## History of the Leprechaun and What It Means

Sebastian Alvez, Natasha Chucaralao, Winnie Zhao

Before Christianity was brought to Ireland by Saint Patrick, the Irish believed that their kings and queens descended from gods called Tuatha Dé Danann. These gods took the form of fairy-tale creatures, referred to as fairies, which were believed to be as tall as a person and wore mostly red, not green. The color green came in place, during the 20th century, when it became the basic color in Ireland. One of the many popular folklore during this era was a lobaircin, or a small-bodied fellow. Although in this generation, Irish mythology, or "faerie folk", mainly refers a lobaircin to a leprechaun.

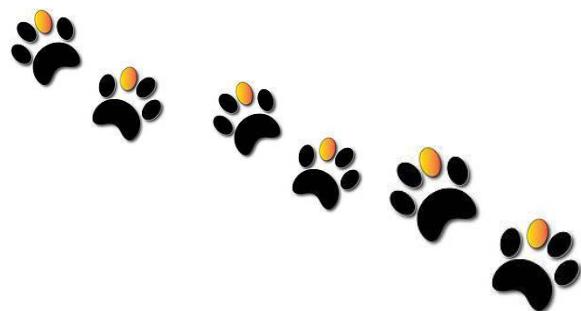


Ideally, Leprechauns usually take the form of an old man who enjoys partaking mischievous acts and believed to be extremely wealthy and likes to hide his pot of gold in secret locations. Many believe that the pot of gold is usually at the end of a rainbow. If one is lucky enough to see and capture a leprechaun, it will grant you three wishes in return for its freedom. A leprechaun's history may vary in different cultures, but in the end it's a mischievous old man that hides its wealth.

## St. Patrick's Day Customs

Kaitlynn McKee

There are many St. Patrick's Day customs that many families enjoy. One well known custom is eating corn beef and cabbage. This dish is known for being a traditional food for this holiday. Irish music is also something people like to play during St. Patrick's Day. Many children dance to Irish music and usually perform in groups or solo. Another one of the more well-known traditions of this holiday is the leprechauns. Early in Irish folklore the leprechauns were called "lobaircin" this means "small bodied fellow". Many beliefs, customs, and traditions are held on St. Patrick's Day but once you try them they might actually be fun.





### Bombogenesis Grayson

Ata Erdal, Joshua Pashalian, and Jawad Jamil

Bombogenesis Grayson struck the Northeast on January 5, 2018, with vigorous winds and snowfall. Fatal accidents and school closings were the outcomes of his horrific temper. Grayson's historic rapid deepening left citizens digging through many feet of snow, without power, quarantined in their homes. Wind gusts of 70 mph and more were brought along with the storm, as well as jaw clenching, frigid temperatures of below 0. Major cities such as Boston, Providence, New York City, and Washington D.C, were impacted the most with at least a foot of snow and some areas up to two feet. Bombogenesis Grayson may currently be the strongest bombogenesis event in the United States.

