

Fairview

June 2017

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<i>All of our food is made fresh Daily.</i>	<i>Our Featured Wellness Item of the month is highlighted in orange.</i>		
			1 Grilled Cheese on WW Bread 2.5oz Honey Glazed Whole Baby Carrots 3/4 Cup Fresh Pear 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	2 Whole Wheat Pizza 1ea Green Bean/Wax Bean Blend 3/4 cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz
5 Lean Beef Nachos w/ Cheese 2.5oz Lean Beef Taco Meat 2.5oz Shredded Cheddar 1oz Bag Baked Tostitos Scoops 1ea Corn 3/4 Cup Wrapped Whole Wheat Bread 1ea Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	6 W.G Chicken Nuggets 5ea Wrapped Whole Wheat Bread 1ea Maple Baked Beans 3/4 Cup 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea	7 Homemade Ziti w/ Meat Sauce 6oz Wrapped WW Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup Raisins 1 Box 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	8 Grilled Chicken w/ Marsala Sauce 2.5oz Wrapped WW Mountain Roll 1ea Broccoli 3/4C Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	9 Whole Wheat Pizza 1ea Green Beans 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz
12 Meatloaf w/ Gravy 3oz Wrapped WW Mountain Roll 1ea Mashed Potatoes 3/4 Cup Raisins 1 Box 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	13 Meatballs w/ Marinara Sauce 4ea Wrapped WW Hot Dog Bun 1ea Spinach 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	14 Beef Ravioli w/ Mozzarella 6ea Wrapped Whole Wheat Bread 2ea Honey Glazed Whole Baby Carrots 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	15 Grilled Chicken on a WW Bun 2.5oz Cowboy Baked Beans 3/4 Cup Fresh Apple Slices 1 Bag 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea	16 Hamburger on a WW Bun 2.8oz Cauliflower 3/4 Cup Fresh Orange 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea
19 Sliced Turkey w/ Gravy 3oz Wrapped WW Mountain Roll 1ea Mashed Potatoes 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	20 Baked Chicken Patty on a Whole Wheat Bun 1ea Sliced Carrots 3/4 Cup Raisins 1 Box 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea	21 Stuffed Shells w/ Marinara Sauce 2ea/4oz Wrapped Whole Wheat Bread 1ea Broccoli 3/4C 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	22 Crispy Chicken Breast on Whole Wheat Bun 3oz Maple Baked Beans 3/4 Cup Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea	